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# A Surgeon at the Gate

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## Introduction

They say a battlefield begins with horns and banners, but for me it has always begun with the smell of boiled linen and wine warmed over coals. Before the first charge breaks, before the arrows blacken the sky, we raise a different standard: a red pavilion whose cloth drinks light and shadow in equal measure. There, between the living and the dead, I make my post. The captains count victory by ground taken; I count it by breaths returned. If you would know this war, come inside, where the lanterns hiss and the floor is straw, and the air is salted with prayer and vinegar.

I am called a surgeon, though in truth I am also porter, clerk, confessor, and gaoler at the narrow gate between this world and the next. My teachers wrote of humors and signs: the tongue's coat, the urine's color, the pulse like a bird in the hand. My masters in the trade taught me firmer things: how to listen for the music of a joint gone wrong, how to read the language of blood as it beads or floods. The first lore was ink and vellum; the second, scar and memory. Between them lies the craft that has fed me, troubled me, and kept me close to truth in a place where truth is always shivering.

Triage—though we never named it so—begins the moment the stretchers drop. We sort by what can be turned, like a key in a lock. The man whose breath is steady and blood bright I take at once; the man whose chest rattles and whose eyes already look inward I wrap in blankets and mercy. The captains will not like these words, but soldiers know them. There are victories you win with steel and there are victories you win by not mistaking hope for art. A surgeon must choose, and choosing is its own wound.

In my chest you will find iron and flame. There are knives for skin and knives for tendon, awls and hooks that speak quietly to buried arrowheads, needles and gut for closing what can be closed. There are trepans whose teeth are finer than any priest's pronunciation of mercy. There are sponges that sleep in a jar of wine steeped with poppy and henbane, and there are cautery irons that argue more loudly than any herb. Beside them: resin and honey, wool and linen, splints hewn from hedge and barrel-stave. I have learned which tools to lift as a whisper and which to lift like a bell.

Yet instruments are only half the weight I carry. The other half is argument. The chaplains bring scripture and the captains bring coins. One would have me tend the meek first, another the fiercest; one speaks of souls, the other of pay. The enemy's groans reach our tent with the same color of pain as our own men, and so we are brought to the question that never quite closes: what is owed, and to whom, when the field is still hot? I have dressed the wound of a man who killed my friend, and I have

sent a messenger to ransom a prisoner because his fever would kill him before the bargain did. The ledger of lives does not balance cleanly, and yet I continue to tally.

You will see cases here: the shaft embedded beneath a collarbone that needs coaxing, not force; the crushed foot that asks whether a man would prefer a limp to a grave; the fever that stalks the tents after the banners have been rolled. You will hear the small talk that keeps a breathing rhythm—apprentices naming bones like beads on a rosary, old soldiers counting scars like winter rings. Through these, I will show you the craft as it is practiced under canvas and cloud, not in diagrams and gloss. We will watch how a poultice can turn a dark edge pale, how a splint can persuade a wayward limb, how sleep, if stolen gently, can be given back as life.

If you have come seeking certainty, I have little to sell you. I can promise only this: that I will tell you what I have seen and done, what I have refused to do, and what I learned too late. I will not keep from you the debates that dog us—when to burn and when to bind, when to cut and when to wait, when to spend a precious draught on a boy who may never grow old enough to forget. In these pages, triumph tastes like water after vinegar, and failure like ash on the tongue. There is glory in skill, yes, but more often there is plain labor and the clean relief of a pulse that stays.

Come then, take a lantern, and stand where I stand. Listen to the rattle of the carts, the distant prayers, the hammers in the far-off siege. Learn the names and the instruments, the remedies and the risks. In this red pavilion, where men enter as soldiers and leave as patients—or not at all—you will find that a surgeon is not only a cutter of flesh but also a keeper of thresholds. This is the story of those thresholds, of wounds and remedies, and of the ethics that bind the hand even when the world is unbinding around it. Here at the gate, we begin.

## CHAPTER ONE: The Red Pavilion

The pavilion, crimson against the bruised sky, was more than just a tent; it was a beacon, a morbid flower unfurling on the edge of the butchery. Its color, chosen for visibility – and perhaps, in a grim jest, to better conceal the inevitable spatters – drew the eye of every man on the field, a silent promise of either succor or the final, quiet curtain. We had erected it at dawn, my apprentices, Elias and Thomas, grumbling about the heavy canvas and the stubborn pegs. Their complaints were a familiar rhythm, a counterpoint to the distant din of men preparing for slaughter.

The first carts wouldn't arrive for hours, not until the main engagement was well underway, but preparation was paramount. Inside, the ground, trampled firm, was covered with a thick layer of fresh straw, lending a deceptively pastoral scent to the air. Lanterns, still unlit, hung from the central pole, their wicks ready to drink the oil. Along one wall, my surgeon's chest sat like a silent sentinel, its heavy oak lid still closed, concealing the glint of steel and the comforting scent of herbs.

Elias, a lad of seventeen with hands that were surprisingly delicate for a boy of his rough upbringing, was meticulously arranging blankets and clean linen sheets on the straw-covered cots. Each cot was a simple wooden frame strung with rope, designed for easy transport and grim purpose. "Mind the folds, Elias," I instructed, my voice flat, "A smooth surface is a clean surface. We'll have enough rough edges soon enough." He nodded, his brow furrowed in concentration.

Thomas, younger and more boisterous, was wrestling with a large cauldron over a newly stoked fire pit just outside the pavilion's rear flap. "Master, how much wine do we need to boil?" he called, his face streaked with soot. "Enough to make a friar weep, Thomas!" I replied, earning a snort from Elias. The boiling wine, along with vinegar, would be our primary antiseptic, scalding away impurities from instruments and wounds alike. A less palatable but equally crucial task was the preparation of the cautery irons, nested in a brazier of glowing coals, ready to hiss and sear.

My own task was to inspect the instruments. The surgeon's chest, once opened, revealed an ordered chaos. Knives of varying sizes and curvatures, their blades honed to a razor's edge; awls and probes, slender and precise; bone saws, formidable and gleaming; forceps, delicate and strong. Each tool had its place, a specific function. I ran a thumb along the cool steel of a trepan, its sharp teeth a promise of entry into the most sacred of enclosures. Not all these instruments would see use today, I hoped, but all must be ready.

Beyond the steel, there were the remedies: jars of honey, a natural antiseptic and

balm; rolls of linen bandages, bleached and clean; sponges, some dry, some soaking in a potent solution of wine and crushed poppy, intended to dull the agony. I checked the stock of herbs – comfrey for broken bones, yarrow for staunching blood, plantain for drawing out poisons. Each packet, carefully labeled, represented centuries of accumulated knowledge, often learned through bitter trial and error.

"Master, the water for cleansing is hot," Elias announced, pulling me from my silent contemplation of a particularly wicked-looking bone chisel. "And the cautery irons are ready, Master," Thomas added, wiping his hands on his breeches. The air now held the metallic scent of heated iron and the sweet-sour tang of boiling wine, a strange blend that would soon be augmented by the smell of blood, sweat, and fear.

Outside, the sounds of the camp intensified. The rhythmic thud of thousands of marching boots, the shouts of officers, the distant bray of trumpets and the rumble of siege engines being pulled into position. These were the sounds of men preparing to inflict wounds. Inside our red tent, we prepared to address them. This was our theater of war, where courage and folly would meet the cold, hard realities of flesh and bone.

I adjusted the lantern hanging above the central operating cot, its glow already casting long, dancing shadows. "Bring in the empty buckets," I ordered, "and line them with straw. For the amputated limbs." Elias flinched slightly, but nodded, understanding the grim necessity. It was not enough to save a life; one also had to manage the detritus of battle, for hygiene was a constant, losing battle on the field.

The red pavilion stood ready, a canvas womb waiting to receive the broken. I took a deep breath, inhaling the complex scent of preparation and dread. The debate over care and triage would begin in earnest when the first stretchers arrived, but for now, there was only the cold logic of readiness. My hands, calloused and steady, felt the familiar tremor of anticipation. Another day, another battle, another harvest of human suffering. And I, the surgeon, would stand at the gate.

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